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## Alentejo interior

Type Moderate

Duration 5 days cycling + 2 days transfers



# The Alentejo Vineyards Colours

*The Wine countryside as your tour mate*

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- The landscapes of Alentejo, the immense cork and olive tree meadows and the rows of traditional whitewashed houses
- Wineries along the way

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Programme

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# Programme

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### Day 1

#### Arrival

Arrival to Lisbon airport and transfer Horta da Moura Country House - also known as the Moorish Enchantment, by the lakeside.  
After check in, our team will do a briefing on the tour.

Accommodation: Horta da Moura Countryside

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### Day 2

Today you'll cycle along the Alqueva Lake, witnessing two opposite landscapes - the Alentejo yellowish plains and the quietness of the biggest artificial lake of Europe - just imagine the peacefulness. You'll be heading to the medieval village of Monsaraz, considered a National Monument and the balcony of the great lake, with its impressive views over the Alqueva Dam and Spanish border.

We suggest you to visit José de Sousa Winery, that still uses traditional winemaking methods, keeping alive a ritual initiated more than 2000 years ago with the Romans. This winery, below ground level, has 114 ânforas (clay pots) where an extremely rare type of fermentation takes place. This is the perfect place to created exceptional wines.

Stage: 49km

Accommodation: Horta da Moura Country House

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### Day 3

After the most delicious breakfast, you're going to cycle through enormous plains and cork trees that extends until the eye can see - feel the warm aroma from the Alentejo and all the richness of this region. Our goal for today's destination is the Herdade do Sobroso Estate - a splendid and charming Wine Resort. Discover 50 hectares of vineyards, visit the winery and have a very exclusive tasting.

Stage: 48km

Accommodation: Herdade do Sobroso Country House

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### Day 4

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### Programme

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After a sweeping breakfast our exclusive country house, we ride through immense and breathtaking vineyards on a circular route. We suggest you to stop and visit one of the oldest and best olive oil mills in Portugal- Adega Cooperativa Moura & Barrancos. The Adega is one of the most moderns of the country, with an average production of 7 million liters. The strong scent of the olive oil takes us back to memories when it was so valuable that was considered the liquid gold.

Stage: 54km

Accommodation: Herdade do Sobroso Country House

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### Day 5

Today's stage is quite simple and it will take us to a scenery that becomes exuberant in its diversity of flora and fauna.

We then cycle to tonight's accommodation, an old XIII Century convent, the result of which is a majestic, impressionable architectural work, which represents religious and gothic architecture.

Make the most of your time in this historical atmosphere and enjoy the typical flavours of the Alentejo

Stage: 32km

Accommodation: Pousada de Beja

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### Day 6

Following breakfast, you'll be riding your bike on an easy to pedal off-road pavement. Along the typical countryside landscape, we want you to see, feel, hear and breathe the region's good life and atmosphere. Today you'll cycle to Albernoa - to Vila Galé Country House. Make sure to visit Santa Vitória Winery, which has 127 hectares of vineyards and 150 hectares of olive groves and have an exclusive wine tasting.

Stage: 34km

Accommodation: Vila Galé Country House

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### Day 7

#### Departure

Today is departure day.

During the morning we'll do the transfers to the airport.

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Details

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# Details

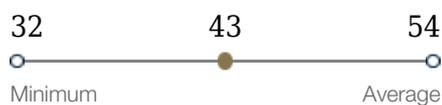
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*Details*

### Type



### Distance/day



### Total distance (km)

217

### Total altimetry

+1958

### Duration



### Trails



### Bike Type

MTB (by road also available)

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Details

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### *Included on the Self Guided*

- 6 Breakfasts
- 6 Nights in double accommodation
- Bike and helmet
- Mini-Pump, Saddle Bag
- Quick tyre repair kit (spare inner tube and multi-tool kit)
- GPS with with route and POI's
- Spot Me location device
- Cell phone for emergencies
- Full maintenance and technical assistance during the tour
- Backpack, water bottle, bike jersey, casual polo and luggage tags with Bike Tours Portugal Logo
- Insurance
- Arrival transfer lisbon airport – 1st hotel) Aeroport Lisboa, at 15h on fixed departures
- Departure transfer (last hotel – lisbon airport, at 10h00 on fixed departures
- Luggage transportation (hotel-to-hotel)
- Technical assistance in case of necessity
- Tire repair€90/Tire

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### *Not included on the Self Guided*

- Lunches
- Dinners
- Bike shorts and shoes
- Extra equipment non specified as included
- Bike shorts and shoes
- Air fares
- Mini-bar and extra consumptions not mentioned on the programme
- SPA treatments

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## The Alentejo Vineyards Colours

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Equipment

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# Equipment

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Road Bike (carbon upgrade available) Brand : Scott  
Model : Speedster 40  
Frame : Aluminium  
Fork : Scott Carbon  
Crankset : Shimano Sora (50 /34 T)  
Drivetrain : Shimano Sora  
Shifters : Shimano Sora  
Brakes : Tektro  
Saddle : Syncros  
Pedals : Clipless Pedals (Shimano SPD-SL or Look Compatible)  
Tires : 700C x 23  
Frame Sizes : XS / S / M / L / XL

Available Accessories :

GPS  
Clipless Pedals  
Saddle Bag



MTB Bike Brand : Trek  
Model : X-Caliper 9  
Frame : Aluminium  
Fork : RockShox Recon Silver RL Lockout  
Crankset : Race Face Ride (Double Chainring 36/22 T)  
Brakes : Shimano Disc M365  
Derailleur : Shimano Altus  
Shifters : Shimano 10 speed  
Tires: Bontrager XR2 29" x 2.20"  
Pedals : Standard Platform Flat  
Saddle : Bontrager Evoc 1.5  
Frame Sizes : M / L / XL

Available Accessories :

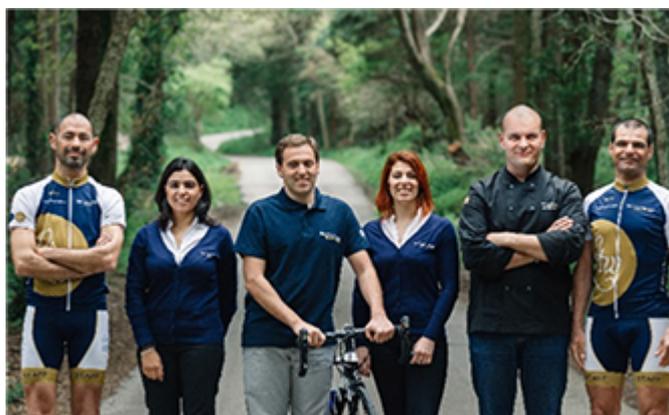
Saddle Gel Cover  
Rear Luggage Rack  
Handlebar Bag  
Panniers  
GPS Unit  
Clipless Pedals

## The Alentejo Vineyards Colours

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Why choose us?

# Why choose us?



"Luxury on Two Wheels" means what it says: Unforgettable, premium cycling experiences, where no expense is spared to offer you the most exclusive lodgings; gourmet cuisine that deliciously combines tradition with innovation; genuine points of interest; the kind of personal service only possible with small groups; and highly customized, educational cycling routes.

Last but not least, our Tours are not only family-friendly but family-oriented: from the choice of accessories that range from tandem bikes to baby chairs, to our selection of routes that are accessible enough to be made by beginner cyclists, every detail of our Tours was carefully designed with family and friends in mind. Whether a member of your group is 8 or 80, he or she will certainly enjoy our rides with minimum effort and complete comfort.

We're sure you'll compare us to others. We actually hope you do, as you'll quickly realize the differences between a "Cycling Holiday" and "Luxury on Two Wheels".

## Our team

From customer support to route planning, on-tour bike repair and gourmet picnics, everyone in our team is passionate about Portugal, Cycling, and making your stay nothing less than spectacular.

## Our Vans

### Luxury on the Road

Our trailers were custom-built to be the perfect partner for all our Guided Tours. Not only can they hold all necessary bikes and equipment, they also have plenty of space for our client's luggage. A fully-equipped kitchen, water closet, built-in repair shop and wi-fi hotspot complete our 'hotel on the road'.



## Our Vans

### Premium Support

Used in both our Guided and Self-Guided Tours, our Vans holds up to 8 passengers and their luggage, and 8 bicycles. Equipped with a mini-bar, double air conditioning, 12V USB charger and wi-fi hotspot, it's a perfect companion for all our Tours.



Get in touch. We're happy to help!

