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## Alentejo

Type Intermediate

Duration 5 days cycling + 2 days transfers (ask us for the shorter version)



# Alentejo Vineyards Colours Bike Tour



*Cycling in Alentejo -The Wine countryside as your tour mate*

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- The landscapes of Alentejo, the immense cork and olive tree meadows and the rows of traditional whitewashed houses
- Wineries and wine tastings
- Our Chef's unique gourmet picnic's
- Exclusive luxury wine resorts

## Alentejo Vineyards Colours Bike Tour

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Programme

# Programme

## Dia 1

### Arrival

Arrival to Lisbon airport and VIP transfer to the fabulous Farmscape Hotel & Retreat, surrounded by oaks, olive groves and vineyards. Before dinner, our team will do a briefing on the tour.

Indulge yourself with an exquisite gourmet dinner, for tomorrow the adventure begins.

A transfer will be made during the afternoon at 15h00.

\*If you intend to arrive to a different Airport or with a different schedule, please contact us to quote and organize your transfer

Night at Herdade do Barrocal Farm-state Hotel & Retreat



## Day 2

### A little of history

Today you'll cycle along the Alqueva Lake, witnessing two opposite landscapes - the Alentejo yellowish plains and the quietness of the biggest artificial lake of Europe - just imagine the peacefulness. You'll be heading to the medieval village of Monsaraz, considered a National Monument and the balcony of the great lake, with its impressive views over the Alqueva Dam and the Spanish border.

We continue cycling to the José de Sousa Winery, that still uses traditional winemaking methods, keeping alive a ritual initiated more than 2000 years ago with the Romans. This winery, below ground level, has 114 ânforas (clay pots) where an extremely rare type of fermentation takes place. This is the perfect place to create exceptional wines.

After a delicious picnic prepared by our Chef, we'll cycle back to our hotel.

Night at Herdade do Barrocal Farm-state Hotel & Retreat

Stage: 46km



## Day 3

### Cycling through cork and olive trees

After the most delicious breakfast, you're going to cycle through enormous plains and cork trees that extends until the eye can see - feel the warm aroma from the Alentejo and admire the greatness of the Alqueva Lake – "on a clear day you can

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see forever!"

Following our picnic, we'll bike to the Medronho Museum, a small and very sweet fruit (straberry tree fruit) used to produce liquors and brandys.

Our goal for today's destination is the Herdade do Sobroso Country House - a splendid and charming Wine Resort. Dinner will be dedicated to some of the most traditional dishes of the region.

Night at Herdade do Sobroso Country House

Stage: 48km

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## Day 4

### Discovering traditions

After a sweeping breakfast our exclusive country house, we ride through immense and breathtaking vineyards. Today you'll have the opportunity of visiting one of the oldest and best olive oil mills in Portugal. We have organized a special olive oil tasting at the Adega Cooperativa Moura & Barrancos, just for us. The Adega is one of the most moderns of the country, with an average production of 7 million liters. The strong scent of the olive oil takes us back to memories when it was so valuable that was considered the liquid gold.

Right before dinner it's time to discover the secrets of the Herdade do Sobroso awarded wines, with a visit at the winery and a special tasting.

Night at Herdade do Sobroso Country House

Stage: 57km




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## Day 5

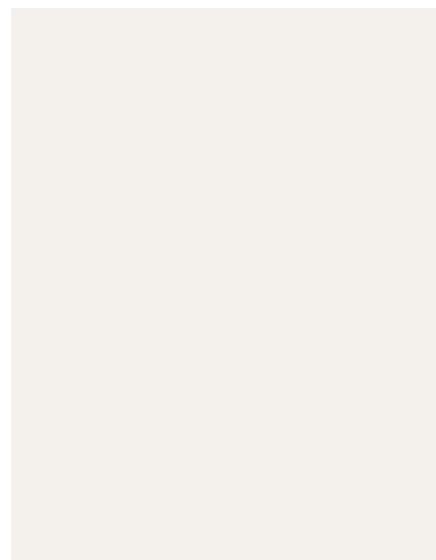
### Inner Alentejo

Following breakfast, we'll continue our adventure through the Alentejo interior countryside. Along the typical landscape, we want you to see, feel, hear and breathe the region's good life and atmosphere. Before lunch, we will have the opportunity to ride through one of the largest olive groves in Europe. Following lunch, we cycle to today's accommodation. You will be staying at an exclusive Luxury Wine & SPA Country House, surrounded by hectares of vineyards - Herdade da Malhadinha Nova.

During the evening, taste a unique regional gourmet dinner conceptualized by the experienced hands of Michelin star awarded Joachim Koerper, well accompanied by the country house premium wines.

Night at Herdade da Malhadinha Nova Country House & Spa.

Stage: 67km



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### Day 6

#### Wine region

Enjoy one of the most amazing and delicious breakfasts of Portugal! Sounds too much? Have a try...

For this morning we've prepared a short bike ride, to Albernoa, where you'll be visiting Santa Vitória Winery and have an exclusive visit and wine tasting. Our Chef's awaits with the perfect picnic...

Tonight dinner will be very traditional!

Enjoy!

Night at Herdade da Malhadinha Nova Country House & Spa.

Stage: 25km



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### Day 7

#### Goodbye

Today is departure day.

Enjoy the exquisite breakfast one last time at Malhadinha Nova Country House & Spa.

A transfer\* will be made to the Lisbon Airport at 10h00.



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## Alentejo Vineyards Colours Bike Tour

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Details

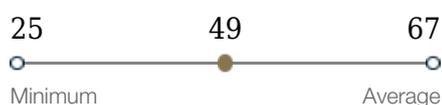
# Details

### Details

#### Type



#### Distance/day



#### Total distance (km)

243

#### Total altimetry

D+3138

#### Duration



5 days cycling + 2 days transfers (ask us for the shorter version)

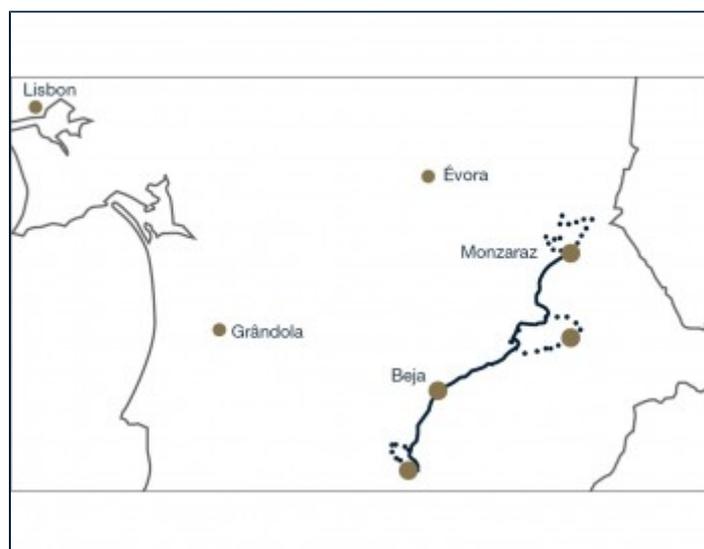
#### Trails



63% Tar 27% Smooth dirt

#### Bike Type

MTB with hybrid tyres



### Dates 2019

- 5th May, 2019 - 11th May, 2019
- 25th August, 2019 - 31st August, 2019 ( High Season)
- 15th September, 2019 - 21st September, 2019 (high season)
- 03rd November, 2019 - 09th November, 2019

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#### *What is included on the Guided*

- 5 Gourmet picnic lunches (water and wine with responsible consumption included)
- 6 Breakfasts
- 6 A la carte dinners, drinks not included
- 6 nights in double accommodation
- water, coffee along the route
- Extra activities described on the programme
- Bike and helmet
- English speaking guides
- Full maintenance and technical assistance during the tour
- Backpack, water bottle, bike jersey, casual polo and luggage tags with Bike Tours Portugal Logo
- 5 Snacks (Cereal bars, dry fruits and waters)
- Insurance
- Concierge services for spa reservations and other additional services
- Transportation service within a 10km radius are included (dinners outside the hotel not mentioned, extra activities not mentioned and lost objects pick up over 10km are subject to an extra quotation)
- Arrival transfer lisbon airport – 1st hotel)Aeroporto Lisboa, at 15h on fixed departures
- Departure transfer (last hotel – lisbon airport, at 10h00 on fixed departures
- If you intend to arrive or depart from a different Airport or with a different schedule, please contact us to quote and organize your transfer
- Van 24h/7 for luggage transportation (hotel-to-hotel and full technical support vehicule along the tour)
- Sag vehicule along the way please contact us for a quotation

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#### *Not included on the Guided*

- Lunches on day one and day 7 (transfer days)
- Dinner drinks not included
- Extra equipment non specified as included
- Bike shorts and shoes
- Air fares
- Transportation service over a 10km radius are subject to an extra quotation
- Gratuities
- Mini-bar and extra consumptions not mentioned on the programme
- SPA treatments

## Alentejo Vineyards Colours Bike Tour

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Equipment

# Equipment



MTB Bike E-Bike Brand : Scott  
 Model : Aspect 920 e-Bike  
 E.Drive System : Bosch Performance 250w  
 Frame : 6061 Aluminium  
 Fork : SR Suntour XCM 29"  
 Crankset : FSA CK-310 MTB 17T  
 Derailleur : Shimano SLX  
 Shifters : Shimano  
 Brakes : Shimano Hydraulic Disc  
 Pedals : Standard Platform Flat  
 Saddle : Syncros  
 Tires: Schwalbe 29" x 2.25"  
 Frame Sizes :S/M

Available Accessories :

Saddle Gel Cover  
 Rear Luggage Rack  
 Handlebar Bag  
 Panniers  
 GPS Unit  
 Clipless Pedals



MTB Bike Brand : Trek  
 Model : X-Caliper 9  
 Frame : Aluminium  
 Fork : RockShox Recon Silver RL Lockout  
 Crankset : Race Face Ride (Double Chainring 36/22 T)  
 Brakes : Shimano Disc M365  
 Derailleur : Shimano Altus  
 Shifters : Shimano 10 speed  
 Tires: Bontrager XR2 29" x 2.20"  
 Pedals : Standard Platform Flat  
 Saddle : Bontrager Evoc 1.5  
 Frame Sizes : M / L / XL

Available Accessories :

Saddle Gel Cover  
 Rear Luggage Rack  
 Handlebar Bag  
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 GPS Unit  
 Clipless Pedals

## Alentejo Vineyards Colours Bike Tour

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Why choose us?

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"Luxury on Two Wheels" means what it says: Unforgettable, premium cycling experiences, where no expense is spared to offer you the most exclusive lodgings; gourmet cuisine that deliciously combines tradition with innovation; genuine points of interest; the kind of personal service only possible with small groups; and highly customized, educational cycling routes.

Last but not least, our Tours are not only family-friendly but family-oriented: from the choice of accessories that range from tandem bikes to baby chairs, to our selection of routes that are accessible enough to be made by beginner cyclists, every detail of our Tours was carefully designed with family and friends in mind. Whether a member of your group is 8 or 80, he or she will certainly enjoy our rides with minimum effort and complete comfort.

We're sure you'll compare us to others. We actually hope you do, as you'll quickly realize the differences between a "Cycling Holiday" and "Luxury on Two Wheels".

## Our team

From customer support to route planning, on-tour bike repair and gourmet picnics, everyone in our team is passionate about Portugal, Cycling, and making your stay nothing less than spectacular.

## Our Vans

### Luxury on the Road

Our trailers were custom-built to be the perfect partner for all our Guided Tours. Not only can they hold all necessary bikes and equipment, they also have plenty of space for our client's luggage. A fully-equipped kitchen, water closet, built-in repair shop and wi-fi hotspot complete our 'hotel on the road'.



## Our Vans

### Premium Support

Used in both our Guided and Self-Guided Tours, our Vans holds up to 8 passengers and their luggage, and 8 bicycles. Equipped with a mini-bar, double air conditioning, 12V USB charger and wi-fi hotspot, it's a perfect companion for all our Tours.



Get in touch. We're happy to help!

