



Douro

Type Difficult

Duration 5 days cycling + 2 days transfers



Douro Vineyards Colours

Douro Vineyards Colours - Douro and Northern Portugal



- World's first wine "region appellation" since 1756 – Douro Valley
- Terrace Vineyards
- Wineries and cellars
- Luxury and Exclusive Accommodations

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Programme

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Day 1

Arrival

Arrival at Oporto airport and VIP transfer to the Quinta Nova of Nossa Senhora do Carmo, a luxury cellar considered a "piece of paradise" for rest and leisure of wine lovers from around the world.

There are 11 rooms with views over the landscape, which guarantee an emotionally different accommodation in a wine environment and within a Douro farm where no detail is forgotten.

It is in this beautiful region, endowed with sun and a very particular climate, that are produced great wines and remarkable ports for which the region is known worldwide. This is where the experience begins ...

In the evening, there will be a general briefing on the tour followed by a fantastic dinner.

* If you plan to arrive at a different airport or with a different time, please contact us to quote and organize your transfer

Night at Quinta Nova Nossa Senhora do Carmo (dinner included)

Day 2

Peso da Régua - Alto Douro World Heritage

After breakfast completely immersed in the vibrant atmosphere of the Douro, our cycling takes us to Peso da Régua.

You will ride your bike in the most amazing environment towards the Bagaúste Dam

You will stay in the Six Senses Douro Valley Hotel, in the middle of the Douro River Valley, overlooking the surrounding vine-covered mountains and the river flowing at your feet, offering the ideal atmosphere to relax after your first stage.

Night at the Six Senses Douro Valley Hotel (breakfast, lunch and dinner included)
Step: 38 KM

Day 3

Lamego Historic and monumental city

After a delicious breakfast - we pedaled towards Lamego considered a historical

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and monumental city, where we could see among many monuments and houses emblazoned the Cathedral of Lamego that was founded in 1129 or the Sanctuary Nossa Senhora dos Remédios.

Night at Six Senses Douro Valley Hotel (breakfast, lunch and dinner included)
Stage: 31km

Day 4

Douro The most beautiful vineyards in the world

After a delicious breakfast, we ride along the Douro River, we are attracted by the beauty and diversity of the landscape, discovering, with each undone curve, new images and sensations. Each roof is sheltered by hospitable people and each open window shows a landscape with striking contrasts.

After lunch we continue to pedal and observe the terraces, built thanks to the perseverance of men who, for generations, dug the mother rock, define this nature. Considered one of the grandest and most beautiful wine-growing landscapes in the world, the Douro presents itself as a giant amphitheater of shales and vines.

From the viewpoints of São Leonardo de Galafura and Santo António de Loureiro, this reality can be admired, as well as the main element of this scenario: the river Douro.

Night at Douro Palace Hotel (breakfast, lunch and dinner included)
Stage: 40km

Day 5

The Carrapatelo Dam

After breakfast, we have a mandatory passage through the Carrapatelo dam. Inaugurated in 1972, it was the first dam to be built on the national section of the Douro River.

This is the dam of the Douro with the biggest difference, 35m, which makes the passage of boat through its lock an unforgettable experience.

We ride back to our wonderful hotel where you can relax in this unique atmosphere.

Night at Hotel Rio Moments (breakfast, lunch and dinner included)
Stage: 57KM

Day 6

Entre os Rios - Oporto

Enjoy one of the best breakfasts in Portugal - does it seem exaggerated? Try it!

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We will continue to Entre os Rios and passing Crestuma Dam, we will arrive at the Port by the Dom Luis Bridge The Luis I Bridge is a bridge in metallic structure with two boards, built between 1881 and 1888

We will arrive at our hotel The Yeatman situated in the historic area of the city, where the oldest Port cellars are, Yeatman is located on a beautiful hill, with breathtaking views of the Port and, in all its surrounding space, provides a Extremely quiet and serene environment inside the city

Dinner will be Michelin Star. Good rest!

Night at The Yeatman (breakfast, lunch and dinner included)

Stage:52Km

Day 7

Goodbye Douro

After the last breakfast in this fabulous and exclusive with wonderful views of the World Heritage City of Porto and the Douro River at 10:00 am, VIP transfers to Porto Airport will be made.

* In case you want to arrive at a different airport or other time, please contact us

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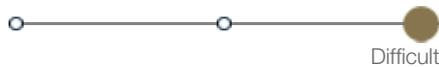
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Details

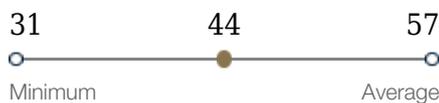
Details

Details

Type



Distance/day



Total distance (km)

220

Total altimetry

Duration

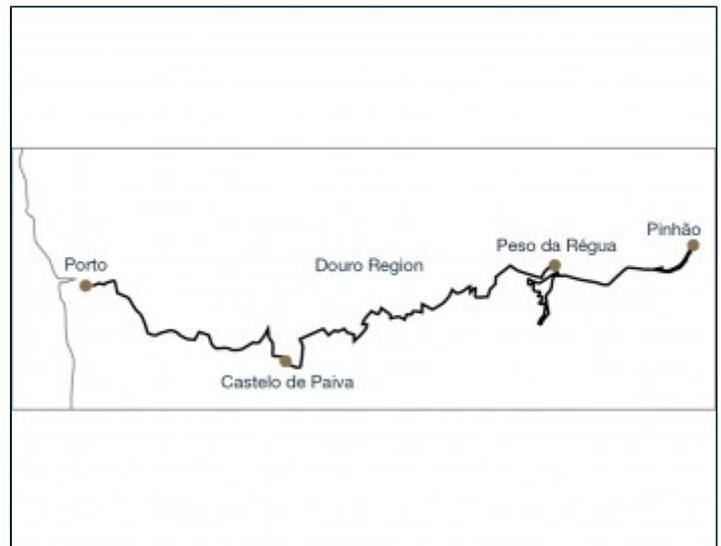


Trails



Bike Type

MTB equipped with hybrid tyres



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Details

What is included on the Guided

- 5 lunches in a Local restaurant
- 6 breakfasts
- 6 A la carte dinners, drinks included (water, and wine in moderate consumption)
- During dinner, the wine included is a suggestion of the maitre, different beverages request should be paid as an extra directly by the client
- 6 nights in double accommodation
- Water, coffee along the route
- Extra activities described on the programme
- Bike and helmet
- English speaking guides
- Full maintenance and technical assistance during the tour
- Backpack, water bottle, bike jersey, casual polo and luggage tags with Bike Tours Portugal Logo
- 5 Snacks (Cereal bars, dry fruits and waters)
- Insurance
- Concierge services for spa reservations and other additional services
- Transportation service within a 10km radius are included (dinners outside the hotel not mentioned, extra activities not mentioned and lost objects pick up over 10km are subject to an extra quotation)
- Arrival transfer Oporto airport – 1st hotel)Aeroporto Oporto, at
- 15h on fixed departures
- Departure transfer (last hotel – lisbon airport, at 10h00 on fixed departures
- If you intend to arrive or depart from a different Airport or

Not included on the Guided

- Lunches on day one and day 7
- (transfer days)
- Extra equipment non specified as included
- Bike shorts and shoes
- Air fares
- Transportation service over a 10km radius are subject to an extra quotation
- Gratuities
- Mini-bar and extra consumptions not mentioned on the programme
- SPA treatments

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Details

Included on the Self Guided

- 5 breakfasts
- 5 nights in double accommodation
- Bike and helmet
- Mini-Pump, Saddle Bag
- Quick tyre repair kit (spare inner tube and multi-tool kit)
- GPS with with route and POI's
- Spot Me location device
- Cell phone for emergencies
- Full maintenance and technical assistance during the tour
- Backpack, water bottle, bike jersey, casual polo and luggage tags with Bike Tours Portugal Logo
- Insurance
- Concierge services for spa reservations and other additional services
- Arrival transfer lisbon airport – 1st hotel) Aeroporto Lisboa, at 15h on fixed departures
- Departure transfer (last hotel – lisbon airport, at 10h00 on fixed departures
- Van 24h/7 for luggage transportation (hotel-to-hotel and full technical support vehicule along the tour – the van is at a 15 minutes distance for any eventuality)
- Sag vehicule along the way please contact us for a quotation

Not included on the Self Guided

- Lunches
- Dinners
- Bike shorts and shoes
- Extra equipment non specified as included
- Bike shorts and shoes
- Air fares
- Transportation service over a 10km radius are subject to an extra quotation
- Gratuities
- Mini-bar and extra consumptions not mentioned on the programme
- SPA treatments

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Why choose us?

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"Luxury on Two Wheels" means what it says: Unforgettable, premium cycling experiences, where no expense is spared to offer you the most exclusive lodgings; gourmet cuisine that deliciously combines tradition with innovation; genuine points of interest; the kind of personal service only possible with small groups; and highly customized, educational cycling routes.

Last but not least, our Tours are not only family-friendly but family-oriented: from the choice of accessories that range from tandem bikes to baby chairs, to our selection of routes that are accessible enough to be made by beginner cyclists, every detail of our Tours was carefully designed with family and friends in mind. Whether a member of your group is 8 or 80, he or she will certainly enjoy our rides with minimum effort and complete comfort.

We're sure you'll compare us to others. We actually hope you do, as you'll quickly realize the differences between a "Cycling Holiday" and "Luxury on Two Wheels".

Our team

From customer support to route planning, on-tour bike repair and gourmet picnics, everyone in our team is passionate about Portugal, Cycling, and making your stay nothing less than spectacular.

Our Vans

Luxury on the Road

Our trailers were custom-built to be the perfect partner for all our Guided Tours. Not only can they hold all necessary bikes and equipment, they also have plenty of space for our client's luggage. A fully-equipped kitchen, water closet, built-in repair shop and wi-fi hotspot complete our 'hotel on the road'.



Our Vans

Premium Support

Used in both our Guided and Self-Guided Tours, our Vans holds up to 8 passengers and their luggage, and 8 bicycles. Equipped with a mini-bar, double air conditioning, 12V USB charger and wi-fi hotspot, it's a perfect companion for all our Tours.



Get in touch. We're happy to help!

